



# "Blind girl makeup":

# A masterly art and self-care ritual

Beyond the Visual Symposium, The Welcome Collection, London 21/22 October 22

# **Project Team**

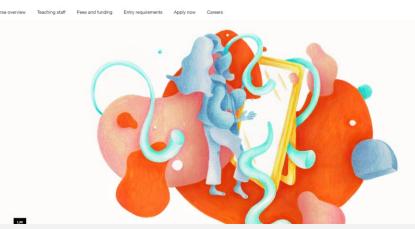
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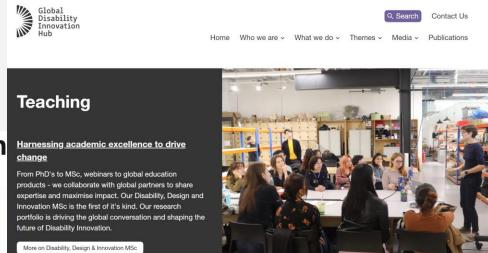
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#### MSc Cosmetic Science



#### **BSc (Hons) Psychology of Fashion**









## LITERATURE REVIEW















look good





Makeup for cognitive and economic gains







Makeup and blind and low visual people





"It Feels Like Taking a Gamble":

Exploring Perceptions, Practices, and Challenges of Using Makeup and Cosmetics for People with Visual Impairments

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Carnegie Mellon University
Human-Computer Interaction Institute





## **OUR STUDY**

## **Methods**

Secondary data: 10 YouTube makeup video tutorials

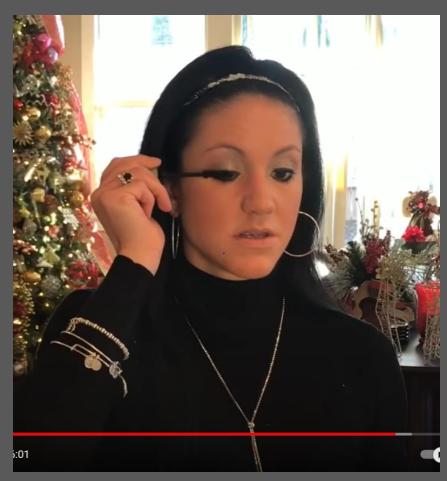
#### **Qualitative**

 Content (visual) and thematic analysis (YouTube generated transcriptions)

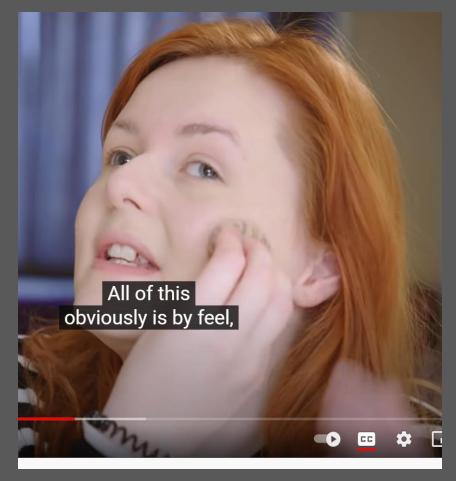


## **RESULTS**

## Visual content analysis



https://www.youtube.com/watch?v=7ia5N7SJ07w



https://www.youtube.com/watch?v=SCXKy8GXdUE





## Thematic content analysis

Theme 1: Makeup practices

Product familiarity and organisation

Routines

Support from others

Theme 2: Challenges and other expectations

Challenging products

Mirrorless makeup

Other sensory expectations

Theme 3: Motivation to use makeup

Expressing oneself

Having fun

Personal aspirations



#### **Positive impact:**

**Product familiarity** 

Routines

Support from others

Uplifting sensory experiences

#### **Negative impact:**

Inconsiderate product/packaging design

Risk of incomplete makeup

Public perceptions

social barriers



# Theme 3: Motivation Subtheme: Self expression

# Wellbeing

#### **Autonomy**

- "When it comes to beauty, for me it's really about self-care. Being with myself, it's art, it's expression, it's showing the world who I am on the inside, outwardly"
- "Makeup definitely makes me feel more girly and more put together, so I really enjoy it because it definitely transforms how I feel and so I do it for me not for everybody else"
- "Hey you know, the world doesn't think that I can do this without sight, I don't even know if I can do it, I sure want to try, I mean, why not?"



# Theme 3: Motivation Subtheme: Having fun

# **Enjoyment from scents, textures and rituals**

Self-confidence and better mood

- "[...] something I like to do when I get ready and I really like it, and I don't think you need to be fully sighted to be able to do makeup"
- "I love makeup; it's something I think is a lot of fun. Um—I definitely don't think I'm the best at it, but I have fun trying"
- "It's to make you feel confident and pleased with yourself, well, that's what makes me feel anyway"





# Theme 3: Motivation Subtheme: Aspirations

#### To educate the public

"I don't live up to the world's expectations... I am all about pushing myself to tear them down. I want to change the world's perception of blindness and disability"

#### To support others

"I do it for parents of blind children. I know my parents would have loved seeing someone who is blind live their life and go to college and just do what every other kid does."



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Thank you

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