

Countering the Disinformation Machine: Public engagement with Southwark Council's COVID-19 immunisation strategy

Seed Fund Award 2021

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The UAL Social Design Institute (SDI) launched a new Seed Fund Award initiative in January 2021. Academic staff were invited to submit ideas for small-scale social design and design for sustainability projects to be co-developed with the Institute over the coming months. Of a total of 17 diverse entries, two projects were selected for SDI support, tackling the timely and urgent issues of youth violence and Covid-19 vaccine hesitancy.

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Summary

This pilot study demonstrates the value of human-centred and collaborative design approaches in public health environments. It develops an understanding of how we can collaborate with local strategic units delivering public health communication and public health services effectively, and counter misinformation leading to a lack of public engagement with the government's vaccination drive in Southwark Council.

The project approach is qualitative, iterative, creative, and participatory, drawing on design research methods, graphic design and visual research methods, service design, co-design and participatory methods. Throughout the project, researchers, research assistants and students at postgraduate and undergraduate level were involved in different phases of research, analysis, participatory design practices, designing, prototyping and testing communication artefacts, service delivery proposals and policy guidelines to engage vaccine-hesitant populations in Southwark.

The project shows how direct public engagement at strategy design level can support sustainable strategies. The project helps to identify barriers and issues in public engagement with the health strategy and proposes how design could be used in this space to help the vaccination effort.

Gaining knowledge of the subject of health literacy, public health and local strategies for vaccination, the project raises questions based on its insights, to be explored further. Some of the insights (e.g. general population health literacy, the idea of safe spaces, etc.) will form the basis of a further bid.

Keywords

Service design, graphic design, public engagement, participatory design, practice-based design research.

1. Introduction

Increasingly, design is being used in transdisciplinary projects where designers can act as a bridge between user-centred, qualitative understanding of people's drivers and values and scientific and technological developments (Hornbuckle et al. 2020). This is particularly relevant in the context of urgent public health measures, media disinformation, the general public's low health literacy and the need for more public engagement with health drives such as vaccination programmes.

The need to support vaccination programmes and provide trusted and accurate health information to the public was a matter of importance prior to the COVID-19 pandemic. Communication strategies and action plans published by Southwark Council, the UK government, and the World Health Organization (WHO) set key objectives for improving vaccination support, particularly in vaccine-hesitant communities.

A body of literature and resources about immunisation strategies, risk communication and behaviour change offer additional insights into what drives vaccine hesitancy, what contributes to vaccine efficacy and how people and organisations might communicate with vaccine-hesitant groups to support both short- and long-term immunisation objectives. However, the literature does not consider the role of design in the development of effective strategies, interventions, public messaging and services to combat vaccine hesitancy, and catalyse immunisation uptake.

2. Project Context

This study draws on strategies outlined in the Southwark report (Sharma and Robinson, 2019), and global and national communication and immunisation strategies as well as recommendations from the following reports: World Health Organization (WHO) (2020) *COVID-19 Global Risk Communication and Community Engagement (RCCE) Strategy*. IFRC, WHO, UNICEF.

Southwark Council is one of England's most deprived boroughs and one of the most diverse boroughs in London with over half of the borough's population identifying as being from non-White backgrounds. Southwark's Immunisation Strategy (2021) demonstrates that immunisation uptake is lowest in poorer families, those from minority ethnic backgrounds and those who

find it challenging to access services. Working in this borough offers an important opportunity to understand public opinions about and perceptions of COVID-19 and vaccinations, which is likely to lead to the development of sustainable strategies for immunisation uptake.

Southwark's strategy is to reduce inequalities of access, community engagement and communications to address vaccine hesitancy (Robinson and Watters, 2021). The council sets out a three-step, bottom-up engagement process that focuses on understanding, collaborating and evaluating (Robinson and Watters, 2021, p. 8). The council identifies four categories of vaccine-hesitant groups (Robinson and Watters, 2021): unconcerned, underserved, hesitant and active resisters. The drivers of vaccine hesitancy are identified as historical inequality, racism and underrepresentation, religious discrimination and religious practices, vaccine safety and adverse effects, mistrust in science and speed of vaccine development, unconcerned attitudes, misinformation, vaccine choice dilemma (Chou and Budenz, 2020; European Centre for Disease Prevention and Control, 2012; Geddes 2021; Humphreys, 2021; Kasstan, 2020; Kata, 2010; Lazarus et al., 2020; Picard, 2021; Robinson and Watters, 2021; The Royal Society and The British Academy, 2020; Sharma, 2019; Siddique, 2021; Tiffany, 2021; Viswanath, Lee and Pinnamaneni, 2020; Wallace-Wells, 2021).

For vaccine-hesitant groups that mistrust authority, the information exchange between experts and at-risk communities is often problematic. Successful multi-directional communication requires first engaging communities to understand, and then empowering communities through collaborative production (co-production) of culturally competent materials and resources with key community influencers. The paradigm of risk communication has changed from top-down dissemination of public health information from experts to the public to "multi-directional communications and engagement with affected populations so that they can take informed decisions to protect themselves and their loved ones" (Gamhewage, 2014, p. 1). It requires non-generic, contextually sensitive interventions, dialogue, and transparency, and building, restoring, and maintaining trust. (Abrams and Greenhawt, 2020; Bavel et al., 2020; Chou and Budenz, 2020; European Centre for Disease Prevention and Control, 2012; Geddes, 2021; Hornbuckle et al., 2020; Kasstan, 2020; The Royal Society and The British Academy, 2020; World Health Organization, 2021)

Risk communication and vaccine strategies demonstrate the need for community-based approaches so that communities feel empowered to participate in the shaping of vaccine

communications (Robinson and Watters, 2021; World Health Organization, 2021), and call for targeted messaging and services that are sensitive and responsive to the contextual factors that contribute to vaccine hesitancy in communities.

Design offers many opportunities to address this need with participatory and collaborative design practices and approaches within the areas of service design and graphic design. (Abrams and Greenhawt, 2020; Bubela, 2009; Hamaguchi, Nematollahi and Minter, 2020; Hornbuckle et al., 2020; Mortberg and Van der Velden, 2014; Simonsen and Robertson, 2013; Thorpe and Gamman, 2015).

3. Project

3.1 Approach and Methodology

The project approach is qualitative, iterative, creative and participatory; drawing on design research methods (activities 1, 3, 4), graphic design and visual research methods (activities 2, 6), service design, co-design and participatory methods (activities 5, 7).

3.2 Methods Used

Literature Review: Southwark's strategy, global communication and immunisation strategies, and the role of design within the science communication and public health context.

Visual Research: Visual research of existing visual communication materials around the vaccine from the NHS and Southwark Council and from social media channels and direct mail.

Expert Interviews with service users, service delivery: Five research interviews were conducted: one person from Public Health Southwark Council (A); two Vaccine Community Support (VCS) Officers with Community Southwark's Health Ambassadors Network (B, C); one pharmacist operating in Southwark (D); one vaccine-hesitant individual residing in Greater London and working in the borough of Southwark (E).

Qualitative analysis of interviews: Emerging common themes from data collated with themes gathered through the literature review.

Design Sprint: 12 students from MA Service Design and BA Graphic Design participated in the sprint in three mixed teams for two weeks, including two sprint leaders. Students were divided into three teams, each addressing a specific area: communications, service delivery and policy recommendations. The sprint followed an iterative and creative methodology: teams created artefacts to conduct quick and dirty research on the ground, followed by reflection and formulating insights, prototyping possible outcomes, testing these, and formalising design concepts.

Insight Synthesis: Insights led to proposing visual communication, design strategy and service design proposals for effective communication and public engagement.



Figure 3: Visual Research Process.



Figure 4: Informal design research in Southwark during the Design Sprint, 2021.

Areas Covered

VACCINE PIONEERS (Service Delivery)
Peckham Library, Old Kent Road

WE2YOU (Communication)
Peckham, Kennington park and Oval Vaccination centre

VACCINE LEAGUE (Policy)
London Bridge, Peckham



Figure 5: Informal research locations during the Design Sprint 2021.

People Interviewed

People Interviewed

Hesitant Minority
Actively Vaccinated

Healthcare professionals
People waiting to get vaccinated
Frontline Workers

Herd Follower
Emotional Decision makers
The Swinging



Hesitant

- **Wait and see**
Hesitant to take the vaccine, and wait to see public reactions before acting
- **Idea Changer**
Hesitant to take the second dose, easily affected by others opinions or misled by the misinformation



The Herd Follower

- Does what the majority in his close circle do.
- Has very basic knowledge from the news and community, doesn't check misinformation.



The Emotional Decision Maker

- Affected by others opinions, panics easily.
- Acts out of fear, afraid of side effects.



The Swinging

- Change his opinions frequently, waits for effects on other people.
- Understand the importance but not ready to 'commit' yet.

Figure 6: Interview Synthesis Process.

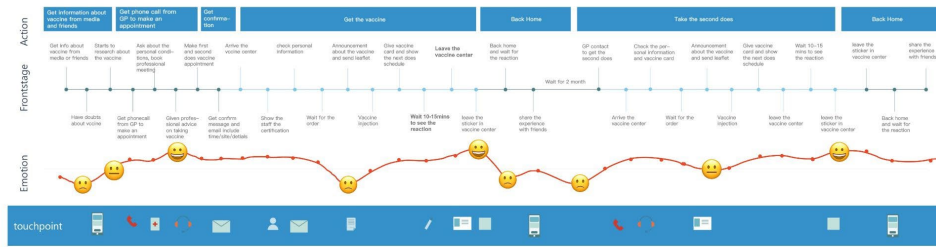


Figure 7: Design research from the Communication Design & Strategy team during the Design Sprint 2021.



Figure 8: Design research from the Communication Design & Strategy team during the Design Sprint 2021.

Journey Map



Painpoints

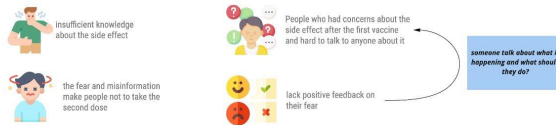


Figure 9: Research synthesis process and insights from the Service Delivery team during the Design Sprint 2021.

Observations & Quotes

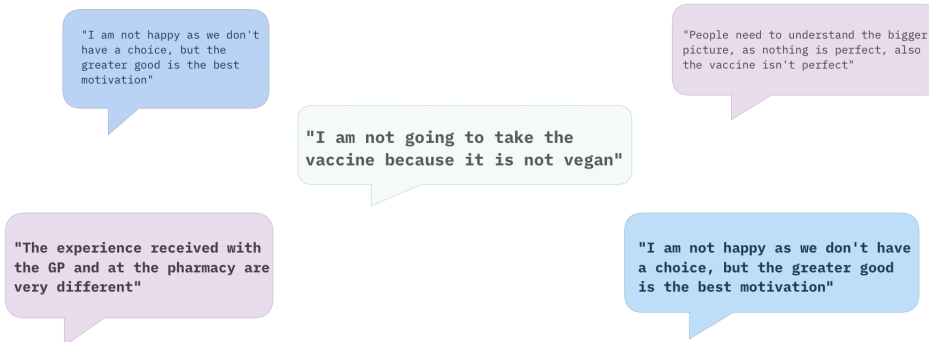


Figure 10: Research quotes from the Communication Design & Strategy team during the Design Sprint 2021.

4. Insights and Implications

4.1 Vaccine Hesitancy Drivers

Too much information. If the information supplied is not all relevant to the person's context or language, they seek simpler information from easy-to-access sources.

Contradicting information from diverse sources/contexts creates confusion.

Fear. Trust in scientifically accurate information is not a given, if based on past adverse health experiences. Miscommunication around side-effects alienates.

Lack of safe spaces for open discussions.

Lack of reassurance from professional sources for concerns, pre- and post- vaccination.

Politics: Pro- or anti-vaccine stances are more political than a typical health concern.

4.2 Counters to Vaccine Hesitancy

Understanding evidence-based knowledge. Healthcare professionals and those in evidence-based science are more confident about the vaccine, its side-effects and what it means for one's health.

Timely contextual communication. Timely interventions, by trusted people, in the form of knowledge to give context to experiences like side-effects so these interventions are not misconstrued.

Knowing it is safe to talk. It is important to create safe spaces that allow for two-way communication between people and representatives of authority or knowledge. By safe spaces, we mean non-judgemental spaces where it is okay to express hesitancy.

Sense of trust. Cultivating trust is crucial for getting individuals to open up to new beliefs. Respondents prove to be more responsive to individuals or community leaders who they trust.

4.3 Communication and Service Strategy Insights

Community data that VCS organisations get from the government (for example, via Census data) is largely based on ethnicity. This makes it difficult to target or identify specific groups within those broad categories.

VCS organisations are limited in resources to provide targeted support and incentivise ‘key’ influencers and/or volunteers.

Essential to risk communication, PHE and the NHS aim to be transparent with what information is uncertain, and which channels are trusted for positive results.

Negative public narratives and news stereotypes will focus on what certain groups are not doing, rather than what other vaccine-hesitant or BAME groups are doing to support vaccination. This perpetuates vaccine-hesitant tropes and can instil pessimism and mistrust in vaccine-hesitant communities.

Community-based feedback from vaccine-hesitant communities is usually relayed to the VCS organisation and the council by the most engaged volunteers and advocates. The feedback from volunteers is limited by who they can engage, which means that some of the hardest to target vaccine-hesitant groups are potentially missed in the feedback.

4.4 Messaging and Services

Well-received methods of communication include visual narratives, like short videos of community members in vaccine-hesitant communities getting their vaccine. Forum sessions or similar opportunities (online or in-person) for vaccine-hesitant people to ask questions are also successful.

A cohesive communication strategy that corresponds to the vaccination process can increase public engagement with the vaccination drive, for example, the success of the post-vaccination information pack (figures 16-19), tested as an

information pack handed out to the public at different points of the vaccination process: before, during and post.

Focusing on pharmacies as information dissemination spaces or small hubs within communities is viable, as many offer the vaccine on site. This could be an effective way of involving the community without forcing the public to educate themselves.

5. Outcomes and Value

5.1. Project Outputs

- A literature review.
- A series of policy, communication and service design proposals.
- A series of insights from qualitative research.
- A series of second-iteration graphic proposals.
Please see images (pp.21-26)

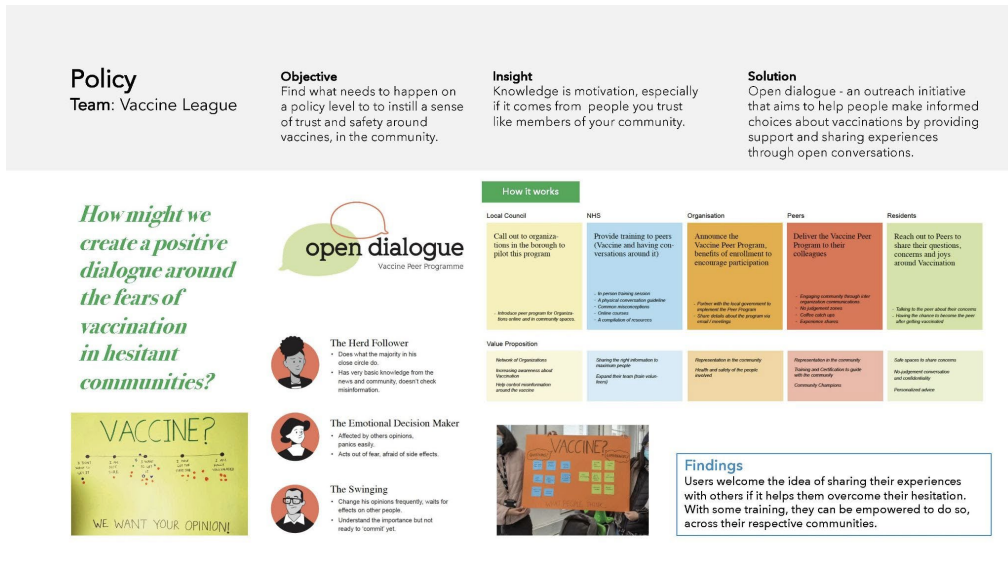


Figure 11: Research synthesis and insights from the Policy Design team during the Design Sprint 2021.



Figure 12: Research synthesis and insights from the Service Delivery team during the Design Sprint 2021.

<p>Communication Team: WetoYou</p>	<p>Objective Misinformation and mixed messages affect public trust in vaccines. The aim is to remove these barriers through Communication.</p>	<p>Insight People feel reassured about vaccination when they hear the positive experiences of someone else who has been vaccinated.</p>	<p>Solution Let's talk - a communications platform to enable vaccinated people to share their positive experiences.</p>
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How Might We...

...communicate positive experiences of vaccinated people with hesitant?

Create personalised messaging to increase vaccination rates in Southwark?

FROM

Hesitant

Misinformation

Fearing needles and vaccination

Lack of trust in the system

-->

TO

Confident

Informed

Create a safe space

Establish trust

Opportunities Realmap

HESSITANT PERSON

COMMUNICATION

UNVACCINATED PERSON

Areas of intervention of the final concept!

Would you like to share your experience getting vaccinated with someone who is hesitant about it?

Findings

It is crucial to identify vaccinated people who are trustworthy sources of information and motivate them to actively reassure other members of their community, through sharing their experiences.

Figure 13: Research synthesis and insights from the Communication Design & Strategy team during the Design Sprint 2021.



Figure 14: Design prototypes from the Communication Design & Strategy team during the Design Sprint 2021.



Figure 15: Design prototype from the Communication Design and Strategy team during the Design Sprint 2021.

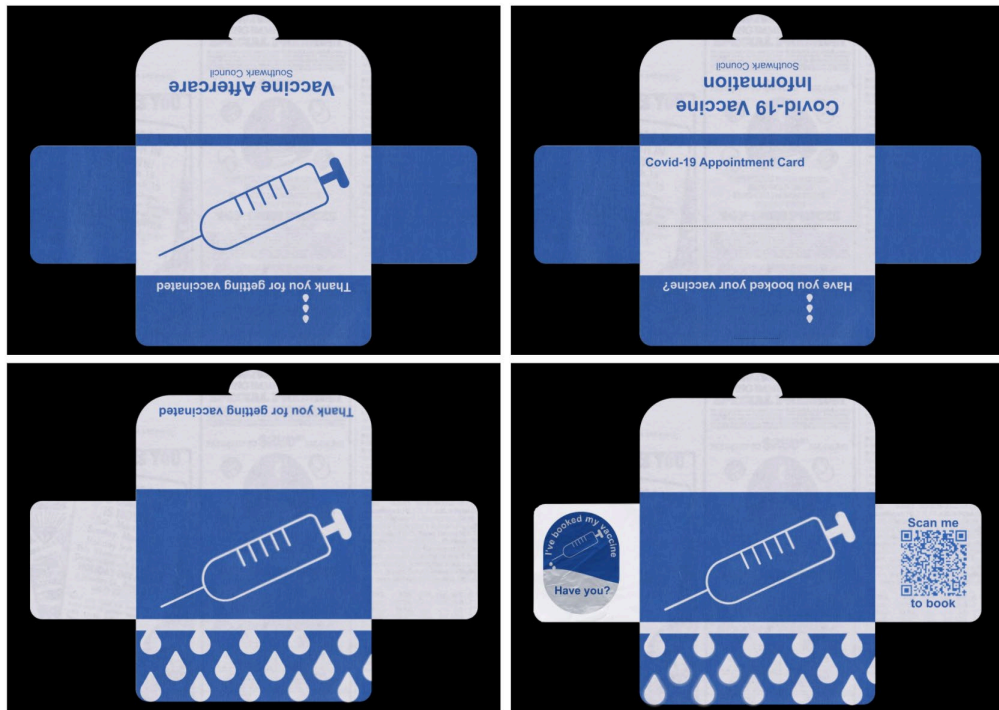
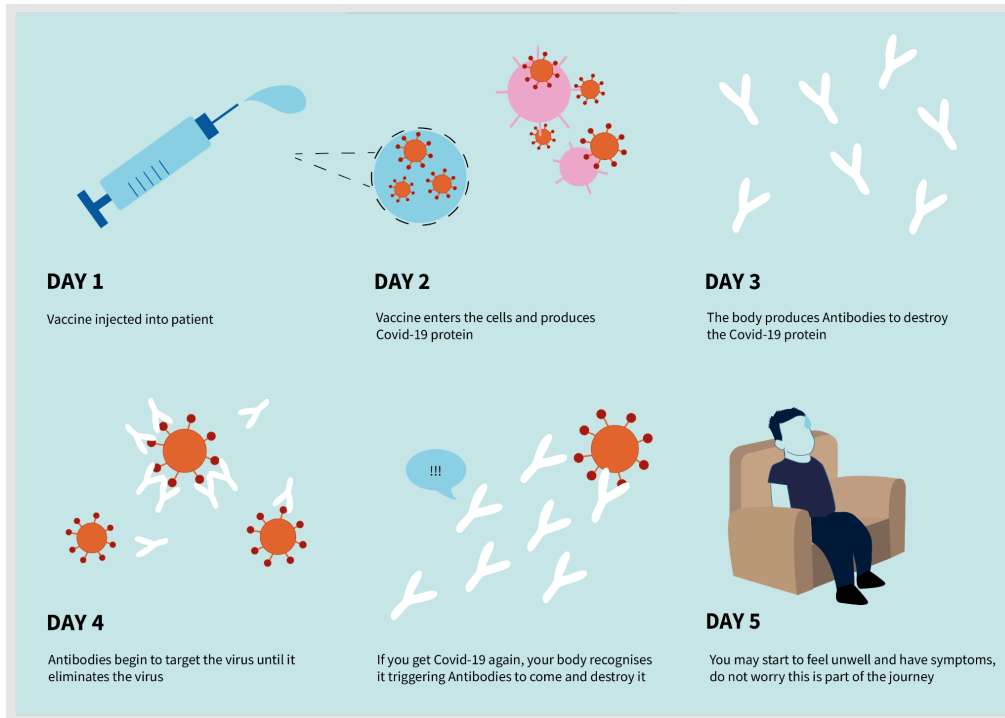


Figure 16: Design prototype of the post-vaccination information pack from the BA Graphic Design students



DAY 6
Even though you will now have recovered, you must continue wearing a mask to protect others from Covid-19

TRACK YOUR ANTIBODIES

WHAT'S IN YOUR VACCINE?

CONTACT US

Phone: 300 311 22 33

Download the **NHS app** on the App store or Google Play

Visit www.southwark.gov.uk for more information

Figures 17 and 18: Design prototype of the post-vaccination information pack from the BA Graphic Design students

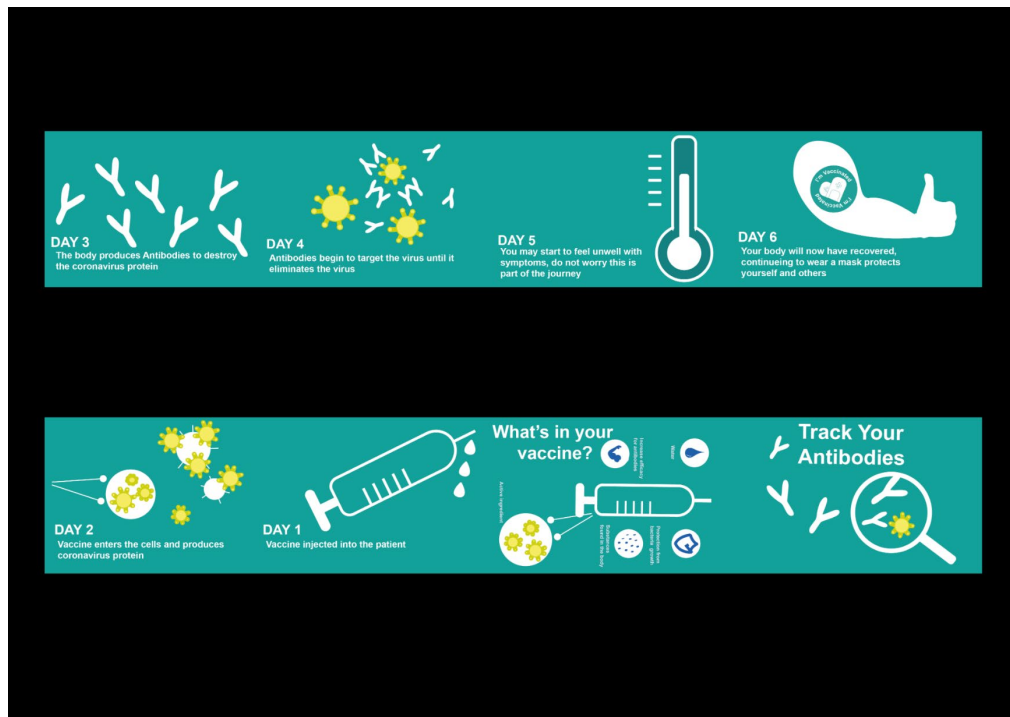


Figure 19: Design prototype of the post-vaccination information pack from the BA Graphic Design students.

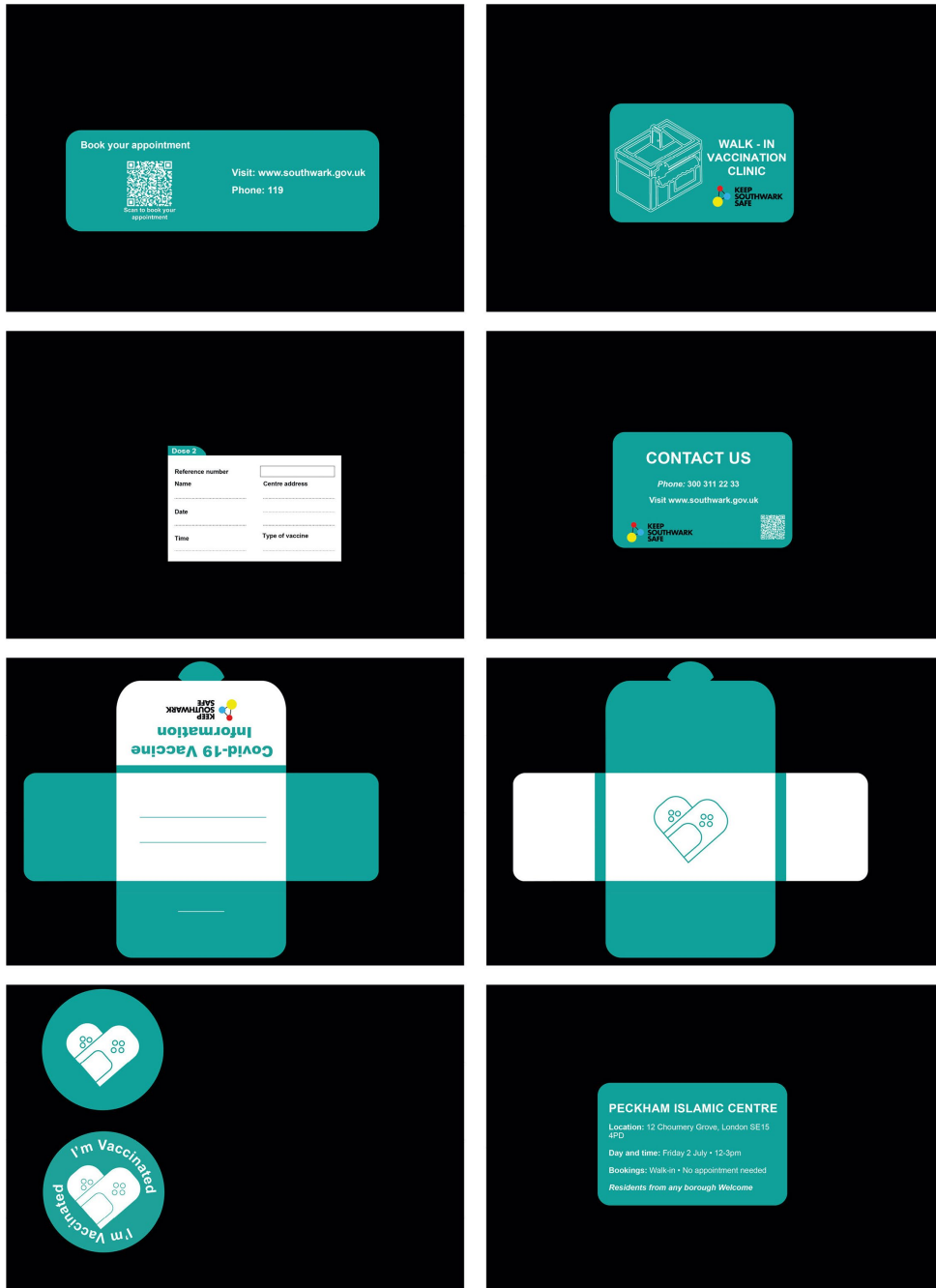


Figure 20: Final design prototype of the post-vaccination information pack from the BA Graphic Design students

5.2 Project Outcomes

1. A network of contacts for further projects.
2. An understanding of how design could operate in the vaccine and health literacy space, with proof-of-concept proposals to provide examples and insights to build further projects.

5.3 Social Design Learning at UAL

This project builds on and contributes to UAL's track record in design practice and research in the following ways:

- Working at the intersection of practice and research in design
- Working across disciplines can help develop a multi-pronged approach to problem-solving for complex project areas
- The opportunity to collaborate across disciplines can maximise outputs
- Addressing how design can be used in health at multiple scales from communication, engagement, service design and policy level
- Insights and methodologies developed can help public health researchers to use participatory design methods for effective public engagement
- Identifies how buy-in from local communities, local leaders and health workers on the ground is essential for policies to be implemented at a local and granular level.

5.4 Key Learning Points for UAL

Social design spans disciplines, and designers need to work flexibly in transdisciplinary ways in order to be able to dialogue with specialists in other areas (for example health and policymaking).

Involving researchers, early career researchers and students at various levels in practice-based research projects can help to build capacity for ambitious projects and helps to train students and staff in practice-based methods.

Involving students in the work can prototype concept work quickly to substantiate conversations about further research, but a lot more staff involvement is necessary to create final implementable design work.

5.5 Further Research and Next Steps

Follow-up work: Some of the MA Service Design students took on aspects of this project as their major project, which will be completed in December 2021.

Next steps: Working with the Social Design Institute to submit a funding bid to scale-up the project.

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Dr Silvia Grimaldi

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Dr Hena Ali

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Jeffrey Doruff

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